Herts Beds Occupational Therapy

How to find us

Our clinic



The Plough Barn
Upton End Farm Business Park
Meppershall Road
Shillington
Hitchin
SG5 3PF

what3words
///improve.relatives.mopped

Enter these three words in the what3words app or website to be guided to the entrance.

When you arrive

1 Enter the business park from Meppershall Road.



2 The first barn on the right is called Plough Barn. This is where Herts Beds OT are based.



3 Park on the far side of the VW Polo.



4 We will meet you at the entrance of the Plough Barn at the time of your appointment.



Questions? Email **hayley@hertsbedsot.co.uk**